

PROVIDER CHECKLIST

A step-by-step guide for effective Zerona® treatments.

01



Ensure patient is a **qualified candidate** for Zerona, discuss package options, sign accountability contract.

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02



Body composition analysis [if applicable], pre-measurements, and before pictures have been completed.

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03



Make sure **treatment area is exposed** [treatment should be on bare skin].

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04



Place **center diodes** over the area of greatest fat accumulation.

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05



Ensure laser diodes are **3–6 inches** away from the surface of the skin [use tape measure to spot check].

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06



Turn off any laser diodes in areas not wanting to be treated **BEFORE** pushing 'START' button.

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07



When laser pauses at **halfway** point have patient flip over, re-position laser diodes and spot check distance.

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08



Upon patient completing treatment ensure they understand **aftercare recommendations**.

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09



Give patient **checklist handout** with aftercare recommendations.

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10



Progress **measurements** taken mid package, post **measurements** taken and **after pictures** taken.

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BEST PRACTICE

Consistent measurements, positioning, and documentation lead to the best results and patient satisfaction.